



Raising Champions for Tomorrow seminar

The Singapore Heart Foundation (SHF) and the National Institute of Education (NIE) collaborated once again to organise an educational seminar for parents on children's health issues on 24 March 2008. With the aim of raising awareness towards holistic approaches to health and educational issues facing children, the seminar is in support of the National Family Week, also launched on the same day by MCYS.

To encourage greater involvement of parents in their child's school life, this year's seminar incorporated a first in Singapore – a workshop catered to the professional development of parent volunteers in the

Parent Support Group (PSG). The workshop suggested ways in which the PSG can assist schools in supporting, planning and implementing holistic health-related programmes and initiatives for their school and community.

The Homeskills Programme initiated at Fuchun Primary School is one such programme, where pupils are taught simple sewing and cooking skills by parent volunteers.

"I see this as a great way for us as parents to be involved in the school life of our children and to contribute towards other children and hence their family's well-being as well," said Ms Doreen Siew, chairperson of PACES (Parents Assisting Child Education in Schools), Fuchun Primary School's PSG.